

Saturday, 26/9/2026

Location4 6 Time	1 POOL (= off pole)	2 HALL "FELLINI"	3 BASEMENT	4 BASEMENT
15:30 - 16:30	Floor Fuck MATEVA All Levels	Static Rotations KAREM GUTIERREZ Intermediate/Advanced	Twerkalicious - Showstopper MAMBO All levels	Spin like a fairy MARINA VISH Beginner
16:45 - 17:45	Get Flexy LEA ROTH All Levels	Static Rotations KAREM GUTIERREZ Intermediate/Advanced	Twerkalicious - Showstopper MAMBO All levels	Spin like a fairy MARINA VISH Beginner

Sunday, 27/9/2026

Location4 6 Time	1 POOL (= off pole)	2 HALL "FELLINI"	3 BASEMENT	4 BASEMENT
09:00 - 10:00	Stretching ANAMARIA BOZGA All Levels	Dynamic Static MARINA VISH Intermediate	Pole Flow KAREM GUTIERREZ All Levels	Centrifuga MATEVA Intermediate/Advanced
10:15 - 11:15	Burlesque Chair Dance LEA ROTH All Levels	Dynamic Static MARINA VISH Intermediate	Pole Flow KAREM GUTIERREZ All Levels	Centrifuga MATEVA Intermediate/Advanced
11:30 - 12:30	Floor Fuck Mateva All Levels	Transition Lab ANAMARIA BOZGA Intermediate	Basics in Heels MAMBO Beginner	Stronger than Gravity LEA ROTH Intermediate/Advanced
	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14:00 - 15:00	Fuel your flow: Nutrition ANGELICA All Levels	Transition Lab ANAMARIA BOZGA Intermediate	Basics in Heels MAMBO Beginner	Stronger than Gravity LEA ROTH Intermediate/Advanced
15:15 - 16:15	Lap Dance LEA ROTH All Levels	Static Dynamics KAREM GUTIERREZ Intermediate	Dynamic Bitch - Hard/Old School MAMBO Intermediate/Advanced	Spinning Sensuality ANGELICA Beginner
16:30 - 17:30	Stretching ANAMARIA BOZGA All Levels	Static Dynamics KAREM GUTIERREZ Intermediate	Dynamic Bitch - Hard/Old School MAMBO Intermediate/Advanced	Spinning Sensuality ANGELICA Beginner

Monday, 28/9/2026

Location4 6 Time	1 POOL (= off pole)	2 HALL "FELLINI"	3 BASEMENT	4 BASEMENT
09:00 - 10:00	Get Flexy LEA ROTH All Levels	Pole Handstand KAREM GUTIERREZ Beginner	Flowy Babe - Flow/Old School MAMBO All levels	Easy Lover MATEVA Beginner/Intermediate
10:15 - 11:15	Flexibility Class MARINA VISH All Levels	Pole Handstand KAREM GUTIERREZ Beginner	Flowy Babe - Flow/Old School MAMBO All levels	Easy Lover MATEVA Beginner/Intermediate
11:30 - 12:30	Burn it! ANGELICA All Levels	Spin Technique ANAMARIA BOZGA Beginner/Intermediate	666 MATEVA Intermediate/Advanced	Flexy Pole MARINA VISH Intermediate
	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14:00 - 15:00	Hypnosis ANGELICA All Levels	Spin Technique ANAMARIA BOZGA Beginner/Intermediate	666 MATEVA Intermediate/Advanced	Flexy Pole MARINA VISH Intermediate
15:15 - 16:15	Flexibility Class MARINA VISH All Levels	Base Work & Rise MAMBO Beginner/Intermediate	Spinning Dynamics KAREM GUTIERREZ Intermediate	Spinning Pole Flow LEA ROTH All Levels
16:30 - 17:30	closed for REHEARSAL	Base Work & Rise MAMBO Beginner/Intermediate	Spinning Dynamics KAREM GUTIERREZ Intermediate	Spinning Pole Flow LEA ROTH All Levels

Tuesday, 29/9/2026

Location4 6 Time	1 POOL (= off pole)	2 HALL "FELLINI"	3 BASEMENT	4 BASEMENT
09:30 - 10:30	Back-Bends ANGELICA All Levels	Power Pole: Static Strength & Transitions LEA ROTH Intermediate	Spin like a fairy MARINA VISH Intermediate/Advanced	Flow Choreography ANAMARIA BOZGA All levels
10:45 - 11:45	Cool Down ANGELICA All Levels	Power Pole: Static Strength & Transitions LEA ROTH Intermediate	Spin like a fairy MARINA VISH Intermediate/Advanced	Flow Choreography ANAMARIA BOZGA All levels

INFO 4	gray = FOR BOTH GROUPS	pink = GROUP A	blue = GROUP B	www.polecamp.eu
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