

Donnerstag, 27. September 2018

Location ▶ ▼ Time	1 POOL (= off pole)	2 FELLINI (ground floor)	3 3rd FLOOR	4 4th FLOOR
15:30 - 16:30	Welcome Flex ANNA PICHLER <i>All levels</i>	Russian exotic pole KIRA NOIRE <i>Intermediate/Advanced</i>	Ultra P-P-Power CARLOTTA LENZI <i>Intermediate</i>	Play with Spins JULIA PENGLER <i>Beginner / Intermediate</i>
16:45 - 17:45	twerXout® RIMMA & KRISTINA <i>All levels</i>	Russian exotic pole KIRA NOIRE <i>Intermediate/Advanced</i>	Ultra P-P-Power CARLOTTA LENZI <i>Intermediate</i>	Play with Spins JULIA PENGLER <i>Beginner / Intermediate</i>

Freitag, 28. September 2018

Location ▶ ▼ Time	1 POOL (= off pole)	2 FELLINI (ground floor)	3 3rd FLOOR	4 4th FLOOR
09:00 - 10:00	Good Morning Flex ANNA PICHLER <i>All levels</i>	Melt (Part 1) BENDY KATE <i>Intermediate</i>	Pole Choreography KIRA NOIRE <i>Intermediate</i>	Choreo in Heels JULIA MASCHKEK <i>All levels</i>
10:15 - 11:15	twerXout® RIMMA & KRISTINA <i>All levels</i>	Melt (Part 1) BENDY KATE <i>Intermediate</i>	Pole Choreography KIRA NOIRE <i>Intermediate</i>	Choreo in Heels JULIA MASCHKEK <i>All levels</i>
11:30 - 12:30	Chairdance CARINA OSCHLEJSCHKEK <i>All levels</i>	Double Spin Flow CARLOTTA LENZI <i>Beginner / Intermediate</i>	Pole Flow I ANNA PICHLER <i>Beginner</i>	Split it JULIA PENGLER <i>Intermediate</i>
	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14:00 - 15:00	Twerkography by twerXout RIMMA & KRISTINA <i>All levels</i>	Double Spin Flow CARLOTTA LENZI <i>Beginner / Intermediate</i>	Pole Flow I ANNA PICHLER <i>Beginner</i>	Sensual Exotic Flow CARINA OSCHLEJSCHKEK <i>Intermediate</i>
15:15 - 16:15	twerXout® RIMMA & KRISTINA <i>All levels</i>	Mix workshop KIRA NOIRE <i>Intermediate</i>	Pole fiction (Part 1) BENDY KATE <i>All levels</i>	Sensual Exotic Flow CARINA OSCHLEJSCHKEK <i>Intermediate</i>
16:30 - 17:30	Afternoon Flex ANNA PICHLER <i>All levels</i>	Mix workshop KIRA NOIRE <i>Intermediate</i>	Pole fiction (Part 1) BENDY KATE <i>All levels</i>	Split it JULIA PENGLER <i>Intermediate</i>

Samstag, 29. September 2018

Location ▶ ▼ Time	1 POOL (= off pole)	2 FELLINI (ground floor)	3 3rd FLOOR	4 4th FLOOR
09:00 - 10:00	Good Morning Flex ANNA PICHLER <i>All levels</i>	Static pole transitions KIRA NOIRE <i>Advanced</i>	Lyrical Pole JULIA PENGLER <i>Intermediate</i>	Tricks on Spinning JULIA MASCHKEK <i>Intermediate</i>
10:15 - 11:15	twerXout® RIMMA & KRISTINA <i>All levels</i>	Static pole transitions KIRA NOIRE <i>Advanced</i>	Lyrical Pole JULIA PENGLER <i>Intermediate</i>	En Poise BENDY KATE <i>Intermediate/Advanced</i>
11:30 - 12:30	Twerk in Heels RIMMA & KRISTINA <i>All levels</i>	Spin & Fly CARINA OSCHLEJSCHKEK <i>Intermediate</i>	Twist your body like a snake CARLOTTA LENZI <i>Intermediate / Advanced</i>	En Poise BENDY KATE <i>Intermediate/Advanced</i>
	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14:00 - 15:00	Twerkography by twerXout RIMMA & KRISTINA <i>All levels</i>	Spin & Fly CARINA OSCHLEJSCHKEK <i>Intermediate</i>	Twist your body like a snake CARLOTTA LENZI <i>Intermediate / Advanced</i>	Pole Flow II ANNA PICHLER <i>Beginner</i>
15:15 - 16:15	twerXout® RIMMA & KRISTINA <i>All levels</i>	Melt (Part 2) BENDY KATE <i>Intermediate</i>	Crazy Russian Pole KIRA NOIRE <i>Intermediate</i>	Upside Down JULIA PENGLER <i>Beginner / Intermediate</i>
16:30 - 17:30	Afternoon Flex ANNA PICHLER <i>All levels</i>	Melt (Part 2) BENDY KATE <i>Intermediate</i>	Crazy Russian Pole KIRA NOIRE <i>Intermediate</i>	Upside Down JULIA PENGLER <i>Beginner / Intermediate</i>

Sonntag, 30. September 2018

Location ▶ ▼ Time	1 POOL (= off pole)	2 FELLINI (ground floor)	3 3rd FLOOR	4 4th FLOOR
09:00 - 10:00	Good Morning Flex ANNA PICHLER <i>All levels</i>	Pole fiction (Part 2) BENDY KATE <i>All levels</i>	Dyna-Pole CARLOTTA LENZI <i>Intermediate</i>	Combos & Transitions JULIA PENGLER <i>Intermediate</i>
10:15 - 11:15	twerXout® RIMMA & KRISTINA <i>All levels</i>	Pole fiction (Part 2) BENDY KATE <i>All levels</i>	Dyna-Pole CARLOTTA LENZI <i>Intermediate</i>	Combos & Transitions JULIA PENGLER <i>Intermediate</i>
11:30 - 12:30	twerXout® RIMMA & KRISTINA <i>All levels</i>	Exotic Floor'o'graphy CARINA OSCHLEJSCHKEK <i>All levels</i>	Tricks on Spinning JULIA MASCHKEK <i>Intermediate</i>	Pole Flow II ANNA PICHLER <i>Beginner</i>

INFO ▶ green = FOR BOTH GROUPS pink = GROUP A blue = GROUP B www.polecamp.eu